

National Titles for Casey & Dinan



The Irish Life Health National Juvenile Even Age Cross Country Championships took place in The National Sports Campus, Abbotstown, Dublin on Sunday 24th November 2019. Munster athletes won 20 individual medals in total with fantastic races from our three athletes who won gold & National titles on the day – **Nicole Dinan, Leevale A.C. Girls U/14, & Dean Casey, Ennis Track A.C. Boys U/18**. Other athletes who produced great performances & scored a top 3 finish were **Finn Duignan, St. Cronan's A.C. (2nd Boys U/12), Niamh O'Mahony, An Ríocht A.C. (2nd Girls U/18), Kevin Finn, Nenagh Olympic A.C. (3rd Boys U/12) & Una O'Brien, Waterford A.C. (3rd Girls U/18)**.

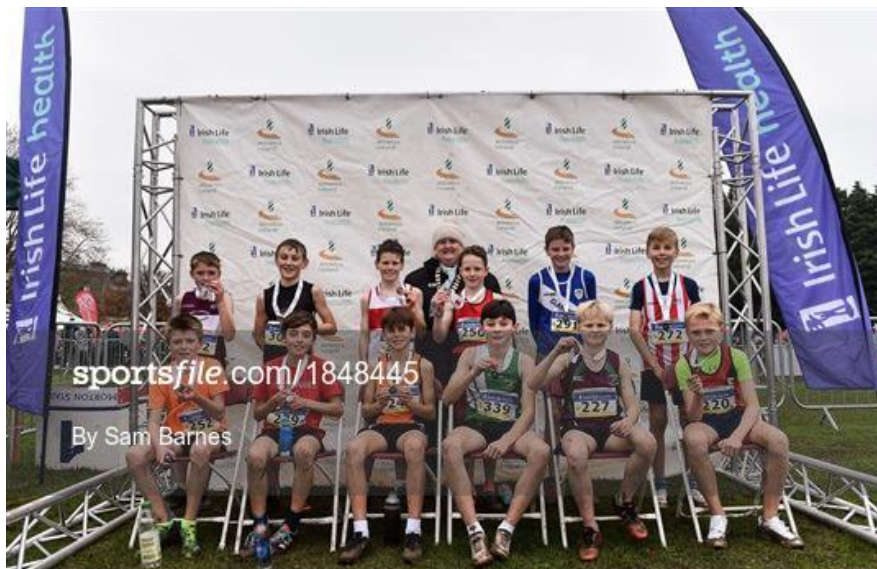
In the Inter-Club competition, there were National medals for **Ennis Track A.C. (1st Girls U/12 & 2nd Girls U/18), St. Cronan's A.C. (2nd Boys U/12), Leevale A.C. (1st Girls U/14, 2nd Girls U/16), West Waterford A.C. (3rd Boys U/14), Youghal A.C. (1st Girls U/16) & Nenagh Olympic A.C. (3rd Boys U/16)**,

In the Inter-County competition, our top counties were **Cork (1 gold, 3 silver & 2 bronze), Clare (1 gold) & Tipperary (1 gold)**.

In the Inter-Regional competition, **Munster** won 7 sets of medals in total - 1 gold, 5 silver & 1 bronze.

In the Girls U/12 race, **Sarah Gaffney, West Waterford A.C.** was 5th home with **Faye Mannion, Ennis Track A.C.** in 7th & **Ella Dinan, Leevale A.C.** in 9th. **Ennis Track A.C.** won the Club title with **Cork** taking **silver** in the Inter-County and **Munster** silver in the Inter-Provincial. In the Boys U/12 competition, it was National silver for **Finn Duignan, St. Cronan's A.C.** with bronze for **Kevin Finn, Nenagh Olympic**

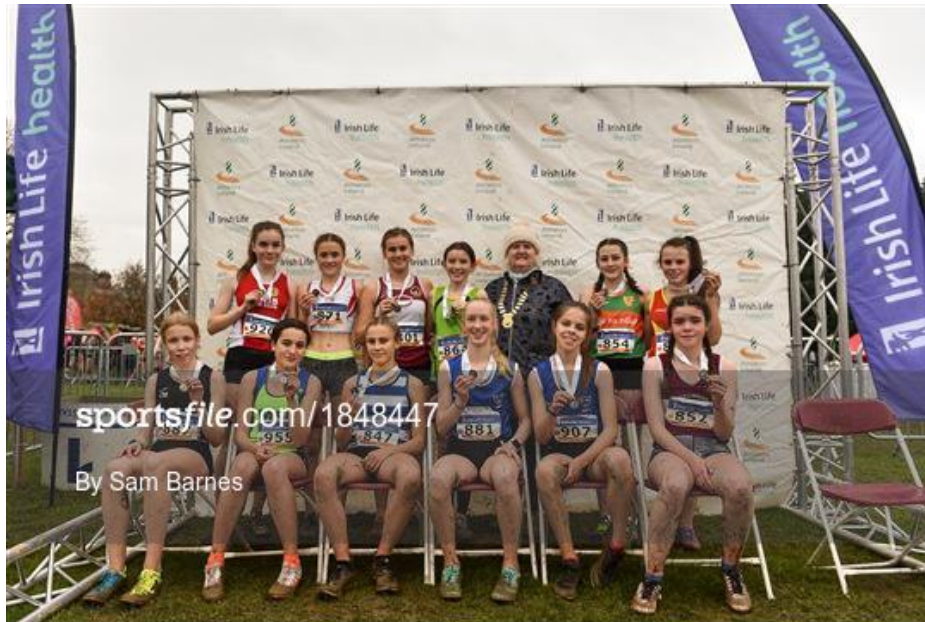
A.C. St. Cronan's A.C. won silver in the Inter-Club competition with gold for **Clare** and silver for **Cork** in the Inter-County competition & silver for Munster.



In the Girls U/14 race, Munster had 3 athletes in the top 10 with **Nicole Dinan, Leevale A.C.** taking the National title, **Ava Fitzgerald, Carraig-Na-BhFear A.C.** in 5th place, & **Claire Crowley, Leevale A.C.** in 11th place. **Leevale A.C.** were 1st in the Inter-Club competition with **Cork** winning gold in the Inter-County competition & **Munster** taking silver. In the Boys U/14 competition, Tipperary athlete **Shane Buckley, Dundrum A.C.** was first home for the province with a 4th place finish with Nenagh Olympic A.C. athletes, Diarmuid Moloney in 7th & Ben Walsh in 12th. **West Waterford A.C.** won bronze in the Inter-Club competition. **Tipperary** were 1st in the Inter-County competition with silver for **Munster**.



3 Munster athletes made the top 12 in the Girls U/16 competition with a 4th place for **Emma Landers Youghal A.C.**, 5th for **Avril Millerick, Youghal A.C.** & 7th for **Neasa Ni Ainifein, Ennis Track A.C.** **Youghal A.C.** won gold in the Inter-Club competition with silver for **Leevale A.C.** **Cork** won silver in the Inter-County competition with bronze for **Munster** in the Inter-Provincial competition. In the Boys U/16 competition, Munster had no athletes in the top 12 but **Nenagh Olympic A.C.** won bronze in the Inter-Club competition with Munster 4th Province.



In the Girls U/18 competition, Munster had 5 athletes in the top 12 with silver for **Niamh O'Mahoney, An Ríocht A.C.**, bronze for **Una O'Brien, Waterford A.C.**, 6th for **Lucy Holmes, West Waterford A.C.**, 8th for **Laura Healy, Ennis Track A.C.** & 10th for **Lucy O'Keeffe, Youghal A.C.** Ennis Track A.C. were 2nd in the Inter Club competition with bronze for **Cork** in the Inter-County competition and gold for **Munster**. **Dean Casey, Ennis Track A.C.** was the winner of the Boys U/18 title with bronze for **Cork** and silver for **Munster**. Congratulations to everyone.

