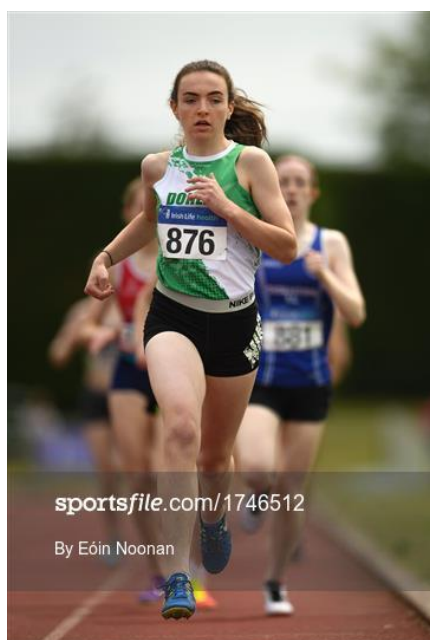


National Titles for Munster Athletes on Day 1



Munster athletes showed good form at Day 1 of the Irish Life Health National Juvenile Track & Field Championships in Tullamore on Sunday 7th July 2019 winning 58 medals in total which included 16 gold & national titles, 26 silver & 16 bronze & 3 new National records set by the athletes below:-

1. **Ciara Sheehy, Emerald A.C.** threw 58.38m in the Girls U/18 Hammer to break the 2016 record of 57.20m set by Lauren O’Keeffe, Donore Harriers A.C.
2. **Aimee Hayde, Newport A.C.** ran 2.10.99 to break the 2014 record of 2.12.11 set by Amy Hamill, Glaslough Harriers A.C.
3. **Geoffrey Joy O’Regan, Sunhill Harriers A.C.** jumped 1.95m in the Boys U/16 to better the mark of 1.94m set by Robbie Mars, City of Lisburn A.C. in 2014.



Summary below of athlete's performances from Day 1:-

Gold medals

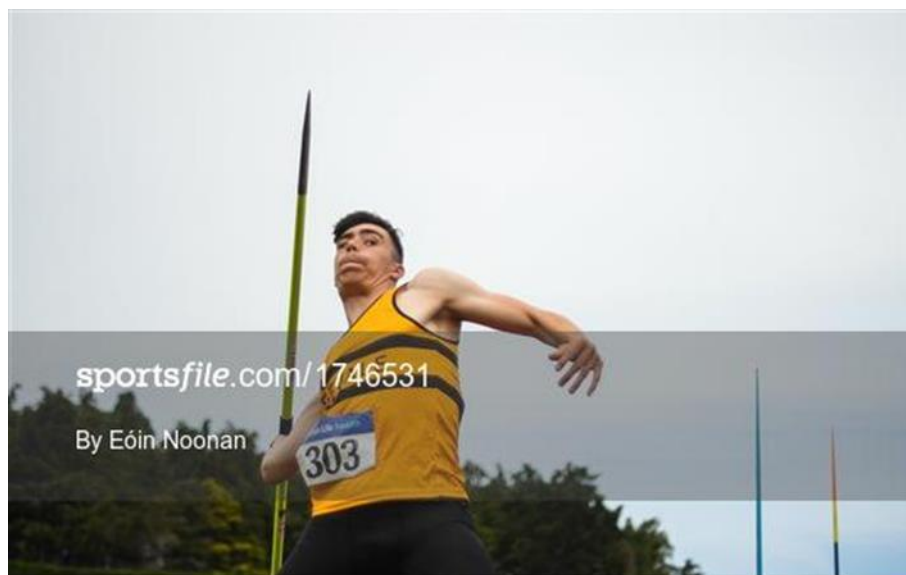
1. John Cashman, Leevale A.C. – Boys U/14 75mH (11.05)
2. Daire Culligan, Fergus A.C. – Boys U/14 800m (2.12.52)
3. Ava Rochford, Ennis Track A.C. – Girls U/15 80mH (12.49)
4. Ava Rochford, Ennis Track A.C. – Girls U/15 High Jump
5. Kotryna Pacerinskaite, Fanahan McSweeney A.C. – Girls U/15 Hammer (45.88m)
6. Maeve O'Neill, Doheny A.C. – Girls U/16 800m (2.15.02)
7. Laura Frawley, St. Mary's A.C. Limerick – Girls U/16 High Jump (1.64m)
- 8. Geoffrey Joy O'Regan, Sunhill Harriers A.C. – Boys U/16 High Jump (1.95m) CBP**
9. Aimee Hayde, Newport A.C. – Girls U/17 800m (2.10.99) **CBP**
10. Nicola Tuthill, Bandon A.C. – Girls U/17 Hammer (55.21m)
11. Dillon Ryan, Moycarkey Coolcree A.C. – Boys U/17 Triple Jump (13.36m)
12. Lucy Holmes, West Waterford A.C. – Girls U/18 800m (2.15.97)
- 13. Ciara Sheehy, Emerald A.C. – Girls U/18 Hammer (58.38) CBP**
14. Wymin Sivakumar, Leevale A.C. – Boys U/18 Triple Jump (13.34m)
15. Emily Myers, Waterford A.C. – Girls U/19 Hammer (32.46m)
16. Joseph McEvoy, Nenagh Olympic A.C. – Boys U/19 110mH (14.96)



Silver medals

1. Malachy McKenna, Emerald A.C. – Boys U/13 60mH (9.93)
2. Josh Boland, Dooneen A.C. – Boys U/14 75mH (11.50)

3. Okwu Backari, Leevale A.C. – Girls U/14 60mH 11.49
4. Averil Buckley, Finisk Valley A.C. – Girls U/14 Hammer (30.77m)
5. Maeve Fleming, Leevale A.C. – Girls U/14 High Jump (1.56m)
6. Shane Buckley, Dundrum A.C. – Boys U/14 800m (2.13.04)
7. Katie O’Keeffe, Leevale A.C. – Girls U/15 800m (2.19.04)
8. Victoria Adiadamen, Dooneen A.C. – Girls U/15 80mH (12.56)
9. Kaley Cozens, Templemore A.C. – Girls U/15 Hammer (36.82m)
10. Lucy May Sleeman, Leevale A.C. – Girls U/16 80mH (11.83)
11. Leah Parker, Midleton A.C. – Girls U/16 Hammer (43.71m)
12. Sophie Crowley, Waterford A.C. – Girls U/16 High Jump (1.61m)
13. Sean Kavanagh, Midleton A.C. – Boys U/16 High Jump (1.84m)
14. Emily Wall, Leevale A.C. – Girls U/17 100mH (15.50)
15. Ailbhe O’Neill, Nenagh Olympic A.C. – Girls U/17 800m (2.16.28)
16. Eadaoin Coady, Bandon A.C. – Girls U/17 Hammer (42.99m)
17. James Ezeonu, Leevale A.C. – Boys U/17 100mH (14.24)
18. Joe Ivory, Liscarroll A.C. – Boys U/17 Javelin (45.69m)
19. Jack McGrath, Leevale A.C. – Boys U/18 110mH (16.20)
20. Fionn Harrington, Durrus A.C. – Boys U/18 S/C (10.23.90)
21. Cathal Scanlon, Leevale A.C. – Boys U/18 Javelin (57.22m)
22. Adam Turner, Belgooly A.C. – Boys U/18 Triple Jump (
23. Hannah Burke, Waterford A.C. – Girls U/19 S/C (14.53.59)
24. Darragh Minitier, Nenagh Olympic A.C. – Boys U/19 110mH (15.29)
25. Jake Bagge, Ferrybank A.C. – Boys U/19 800m (1.56.22)
26. Michael Tony, Lios Tuathail A.C. – Boys U/19 Triple Jump (12.23m)





Bronze medals

1. Nicole Dinan, Leevale A.C. – Girls U/14 800m (2.15.90)
2. Eadaoin Towey, Fanahan McSweeney A.C. – Girls U/14 Hammer (29.69m)
3. Gavin Sweetman, Skibbereen A.C. – Boys U/14 800m (2.13.32)
4. Marie Hynes McLaughlin, Leevale A.C. – Girls U/15 800m (2.20.18)
5. Sarah Hosey, Dooneen A.C. – Girls U/16 800m (2.16.66)
6. Laura Frawley, St. Mary's A.C. Limerick – Girls U/16 80mH (12.28)
7. Nikita McGrath, Borrisokane A.C. – Girls U/16 Hammer (40.51m)
8. Katie Nolke, Ferrybank A.C. – Girls U/16 High Jump (1.61m)
9. Colin Murphy, Leevale A.C. – Boys U/15 80mH (13.87)
10. Paula Igwe, Ferrybank A.C. – Girls U/17 100mH (15.74)
11. Niamh Foley, St. Mary's A.C. Limerick – Girls U/18 100mH
12. Sarah Lane, Nenagh Olympic A.C. – Girls U/18 800m (2.17.94)
13. Niamh Sugrue, Bandon A.C. – Girls U/18 Javelin (34.13m)
14. Shauna Ryan, Dooneen A.C. – Girls U/18 Triple Jump (10.32m)
15. Gavin Kenny, Bandon A.C. – Boys U/18 S/C (10.32.21)
16. Alyce O'Connor, Kenmare A.C. – Girls U/19 800m (2.21.68)