

Athletics Club Return COVID-19 Roadmap



Further to the most recent Governments update and guidelines Athletics Ireland have drawn up a road-map of the recommencement of our sport. Due to the nature of COVID-19 the future remains very uncertain, and any or all of the details listed can be changed at any time inline with any future Government updates. As always we will respect the Government and Health Authorities recommendations in order to keep our members as safe as possible.

The guidance so far is very much dependent on how the virus responds to a lifting of the restrictions and is very changeable, therefore we are unable to set a more strict timetable for return to training and competition as yet. We will continue to update all of our members as best and as regularly as possible as more information becomes available to us.

Please note, athletics has been very privileged to be one of the first sports to be allowed back to open and we should respect this by adhering to all of the guidelines in place.

- **Social Distancing is essential at all time**
- **Good hygiene and hand washing etiquette is crucial**
- **Follow all Government Guideline and Travel Restrictions**