



# MUNSTER ATHLETICS JUVENILE TRACK & FIELD CHAMPIONSHIP BEST PERFORMANCES

## GIRLS – U9

EVENT	CBP	YEAR	HOLDER	CLUB
60m Sprint	9.10	2006	Chelsie Wright	Leevale
300m	51.43	2017	Destiny Lawal	Dooneen
Long Jump	3.70m	2006	Aoife Delargy	Templemore
Turbo Javelin (300gr)	15.13m	2016	Daniela Puspurs	Leevale
4 X 100m Relay	1.06.20	2018	Carrick-On-Suir	

## GIRLS – U10

EVENT	CBP	YEAR	HOLDER	CLUB
60m Sprint	8.90	2019	Alison Scully	Leevale
500m	1.33.71	2018	Destiny Lawal	Dooneen
Long Jump	4.15m	2007	Aoife Delargy	Nenagh Olympic
Turbo Javelin (300gr)	20.06m	2018	Maya Rossa	Blackwater
4 X 100m Relay	1.01.43	2015	Leevale	

## GIRLS – U11

EVENT	CBP	YEAR	HOLDER	CLUB
60m Sprint	8.79	2019	Destiny Lawal	Dooneen
600m	1.49.43	2014	Maeve O'Neill	Doheny
Pentathlon (4) Alberta	873	2016	Mai McCourt	Bandon
Pentathlon (5) Alberta	1340	2017	Sarah Abullo	Waterford
Long Jump	4.33m	2000	Lenny Kirwan	K C K
Turbo Javelin (300gr)	22.56m	2019	Maya Rossa	Blackwater
4 X 100m Relay	57.98	2015	Dooneen	

## GIRLS – U12

EVENT	CBP	YEAR	HOLDER	CLUB
<b>60m Sprint</b>	<b>8.36</b>	<b>2022</b>	<b>Adaora Nnaemeka</b>	<b>Bandon</b>
600m	1.44.87	2015	Maeve O'Neill	Doheny
Pentathlon (5) Alberta (60m/Turbo Jav)	1479	2015	Laura Frawley	St. Marys Lk
<b>Pentathlon (5) Alberta (new events-80m/Shot)</b>	<b>1727</b>	<b>2022</b>	<b>Nell O'Connell</b>	<b>Blarney Inniscara</b>
Long Jump	4.72m	2012	Sophie Meredith	St Marys Lk
High Jump	1.42m	2016	Jessica Lyne	Leevale
Shot Putt (2kg)	11.38m	2014	Meghan Lenihan	North Cork
Turbo Javelin (300gr)	31.66m	2014	Meghan Lenihan	North Cork
4 X 100m Relay	56.19	2010		Dooneen

## GIRLS – U13

EVENT	CBP	YEAR	HOLDER	CLUB
60m Hurdles	9.60	2014	Niamh Foley	St Marys Lk
80m Sprint	10.40	2014	Niamh Foley	St Marys Lk
600m	1.40.50	2021	Faye Mannion	Ennis Track
2km Walk (new event 2019)	12.52.09	2019	Lusai de Faoite	Kenmare
<b>Pentathlon (5) Alberta</b>	<b>1527</b>	<b>2022</b>	<b>Cara Ryan</b>	<b>Clonmel</b>
Long Jump	5.08m	2021	Tiffany Nwaedozie	Belgooly
<b>High Jump</b>	<b>1.55m</b>	<b>2022</b>	<b>Cara Ryan</b>	<b>Clonmel</b>
Shot Putt (2kg)	12.39m	2014	Ciara Sheehy	Liscarroll



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Javelin (400gr)	34.60m	2015	Megan Lenihan	North Cork
Pole Vault	1.80m	2019	Aisling Cussen	Old Abbey
4 X 100m Relay	54.45	2014		St Marys Lk

## GIRLS – U14

EVENT	CBP	YEAR	HOLDER	CLUB
75m Hurdles	11.71	2022	Megan O'Shea	Dooneen
80m Sprint	10.05	2022	Destiny Lawal	Dooneen
200m	25.46	2022	Destiny Lawal	Dooneen
800m	2.15.98	2022	Freya Bateman	Belgooly
1500m	4.40.89	2022	Faye Mannion	Ennis Track
2000m Walk	11.03.82	2015	Siofra O'Dea	Kilmurray Ibrickane
Pentathlon (5) IAAF	3102	2018	Ava Rochford	Ennis Track
Long Jump	5.28m	2019	Leah Moloney	Dooneen A.C.
High Jump	1.66m	2018	Ava Rochford	Ennis Track
Shot Putt (2.72kg)	13.87m	2016	Megan Lenihan	North Cork
Pole Vault	2.25m	2019	Sorcha Kilgannon	Youghal
Discus (.75kg)	35.60m	2016	Megan Lenihan	North Cork
Javelin (400gr)	39.83m	2016	Megan Lenihan	North Cork
Hammer (2.5kg)	44.21m	2018	Kotryna Pacerinskaite	Fanahan McSweeney
4 X 100m Relay	52.57	2022		Dooneen

## GIRLS – U15

EVENT	CBP	YEAR	HOLDER	CLUB
80m Hurdles	12.02	2008	Sarah Lavin	Emerald
250m Hurdles	35.45	2015	Miriam Daly	Carrick on Suir
100m Sprint	12.36	2008	Sarah Lavin	Emerald
200m	25.50	2008	Sarah Lavin	Emerald
800m	2.13.70	1976	M. Hennessy	St Johns Park
1500m	4.36.2	1984	B. Barry	Grange Fermoy
2000m Walk	9.42.71	2008	Kate Veale	West Waterford
Pentathlon (5) IAAF	3114	2018	Laura Frawley	St Marys Lk
Long Jump	5.48m	2015	Sophie Meredith	St Marys Lk
High Jump	1.67m	2015	Sophie Meredith	St Marys Lk
Pole Vault	2.71m	2019	Ava Rochford	Ennis Track
Shot Putt (2.72kg)	13.35m	2019	Kotryna Pacerinskaite	Fanahan McSweeney
Discus (.75kg)	39.20m	2017	Megan Lenihan	North Cork
Javelin (400gr)	41.80m	2017	Megan Lenihan	North Cork
Hammer (2.5kg)	45.75m	2019	Kotryna Pacerinskaite	Fanahan McSweeney
4 X 100m Relay	50.38	2008		Emerald

## GIRLS – U16

EVENT	CBP	YEAR	HOLDER	CLUB
80m Hurdles	11.70	2016	Miriam Daly	Carrick on Suir
250m Hurdles	35.83	2005	Harriet Cross	Belgooly
100m Sprint	12.21	2005	Niamh Whelan	Ferrybank
200m	25.14	2011	Roisin Harrison	Emerald
800m	2.14.71	2019	Maeve O'Neill	Doheny
1500m	4.38.10H	1980	Patricia Logan	Limerick Emerald
3000m	10.39.36	2022	Caoimhe Flannery	Skibbereen A.C.
2000m Walk	8.42.66	2009	Kate Veale	West Waterford



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Pentathlon (5) IAAF	2994	2015	Vickie Cusack	Liscarroll
Long Jump	5.65m	2019	Laura Frawley	St. Mary's LK
<b>Triple Jump</b>	<b>10.53m</b>	<b>2022</b>	<b>Clodagh Donohoe</b>	<b>Nenagh Olympic</b>
High Jump	1.71m	2010	Aisling Croke	Dooneen
Pole Vault	3.00m	2016	Emma Coffey	Carraig na BhFear
Shot Putt (3kg)	14.69m	2017	Ciara Sheehy	Liscarroll
Discus ( 1kg)	39.65m	2018	Megan Lenihan	North Cork
Javelin (500gr)	43.03m	2014	Orlaith O'Brien	Ferrybank
Hammer (3kg)	52.77m	2000	Rachel Akers	East Clare
4 X 100m Relay	50.35	2016		Carrick on Suir

## GIRLS – U17

EVENT	CBP	YEAR	HOLDER	CLUB
100m Hurdles	14.01	2015	Ciara Neville	Emerald
300m Hurdles	44.75	2017	Miriam Daly	Carrick on Suir
100m Sprint	11.34	1999	Sharon Kelly	Leevale
200m	24.40	2015	Ciara Neville	Emerald
400m	56.72	2017	Miriam Daly	Carrick-On-Suir
800m	2.16.70	2006	Francis O'Shea	North Cork
1500m	4.22.8	1984	C. McCarthy	Bandon
<b>3000m</b>	<b>10.25.40</b>	<b>2022</b>	<b>Claire Crowley</b>	<b>Leevale</b>
2000m S/Chase (2'6")	7.22.58	2016	Laura Nicholson	Bandon
3000m Walk	14.59.88	2016	Orla O'Connor	Waterford
Pentathlon (5) IAAF	3272	1985	Brid Hallissey	Ferrybank
Pentathlon (5) IAAF	2525	2011	Sarah McCarthy	Guest
Long Jump	5.88m	2017	Sophie Meredith	St. Mary's LK
High Jump	1.72m	2018	Ciara Kennelly	Killarney Valley
Triple Jump	12.06m	2014	Maria Carey	Newport
Pole Vault	3.22m	2017	Emma Coffey	Carraig na BhFear
Shot Putt (3kg)	14.55m	2018	Ciara Sheehy	Emerald
Discus ( 1kg)	40.20m	1986	A O'Brien	Dungarvan
Javelin (500gr)	49.26m	2015	Orlaith O'Brien	Ferrybank
Hammer (3kg)	57.49m	2019	Nicola Tuthill	Bandon
4 X 100m Relay	50.4h	1980		Nenagh Olympic
4 X 400m Relay	4.11.8h	1986		St Pauls

## GIRLS – U18

EVENT	CBP	YEAR	HOLDER	CLUB
100m Hurdles	14.41	2014	Clodagh O'Mahony	Dooneen
400m Hurdles	1.02.33	2014	Kelly Ann Doyle	Carrick on Suir
100m Sprint	11.84	1991	F. Kelly	Limerick Emerald
200m	24.97	2011	Stephanie Carroll	Dooneen
400m	56.77	2016	Anne Corcoran	Ferrybank
800m	2.12.3	1996	Geraldine McCarthy	Listowel
1500m	4.25.0	1984	Patricia Logan	Limerick Emerald
<b>3000m</b>	<b>9.51.22</b>	<b>2022</b>	<b>Louise O'Mahony</b>	<b>BMOH</b>
2000m S/Chase (2'6")	7.17.76	2017	Laura Nicholson	Bandon
3000m Walk	13.25.91	2011	Kate Veale	West Waterford
Pentathlon (5) IAAF	3009	1980	Suzanne Cobbe	Limerick Emerald
Long Jump	6.03m	1991	Claire Ingerton	Leevale
High Jump	1.71m	2014	Neasa Murphy	Ferrybank
Triple Jump	11.43m	2006	Jessie Barr	Ferrybank





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Pole Vault	3.45m	2019	Orla Coffey	Carraig na BhFear
Shot Putt (3kg)	15.10m	2019	Ciara Sheehy	Emerald
Discus ( 1kg)	44.23m	2013	Kaleigh Cronin	Spa Muckcross
Javelin (500gr)	44.48m	2016	Orlaith O'Brien	Waterford
Hammer (3kg)	57.75m	2019	Ciara Sheehy	Emerald
4 X 100m Relay	46.9	1989		Leevale
4 X400m Relay	4.06.3	1986		Togher

### GIRLS – U19

EVENT	CBP	YEAR	HOLDER	CLUB
100m Hurdles	14.4h	1998	Orla Power	Carrick on Suir
400m Hurdles	60.49	2007	Jessie Barr	Ferrybank
100m Sprint	11.8h	2001	Sharon Kelly	Leevale
200m	24.22	2017	Ciara Neville	Emerald
400m	56.98	2012	Grainne Moynihan	West Muskerry
800m	2.15.12	2000	Roisin Quinn	St Pauls
1500m	4.38.62	2021	Jane Buckley	Leevale
<b>3000m</b>	<b>9.58.47</b>	<b>2022</b>	<b>Muireann Duffy</b>	<b>Clonmel</b>
<b>2000m S/Chase (2'6")</b>	<b>7.30.81</b>	<b>2022</b>	<b>Avril Cashman</b>	<b>Youghal</b>
3000m Walk	15.03.44	2003	Catriona McMahon	St Marys Lk
<b>Pentathlon (5) IAAF</b>				
Long Jump	5.59m	2009	Nicole Power	Ferrybank
High Jump	1.76m	2021	Aoife O'Sullivan	Liscarroll
<b>Triple Jump</b>	<b>11.54m</b>	<b>2022</b>	<b>Grace Fitzgerald</b>	<b>Tipperary Town</b>
<b>Pole Vault</b>	<b>3.40m</b>	<b>2022</b>	<b>Una Brice</b>	<b>Leevale</b>
	3.10m	2018	Ciara Hickey	Blarney Inniscara
Shot Putt (4kg)	12.09m	2013	Laura McSweeney	Bandon
Discus ( 1kg)	41.23m	2014	Kaleigh Cronin	Farranfore MV
Javelin (600gr)	42.37m	2019	Katie Moynihan	Leevale
Hammer (4kg)	53.03m	2010	Cara Kennedy	Ferrybank
4 X 100m Relay	49.4h	2007	Ferrybank	
4 x 400m Relay	4.16.4h	1999	Dooneen	

### YOUTH GIRLS – PENTATHLON (Introduced in 2014 )

	CBP	YEAR	HOLDER	CLUB
Pentathlon (5) IAAF	3096 Pts	2016	Anne Corcoran	Ferrybank



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