

Munster Masters Track & Field Championships
Castleisland, Sunday 29th May 2005

Place	Men Over 40	100 Metres	Standard
1	Richard McArthur	St Cronan's	11.90
2	Willie Dom O'Connor	An Riocht	12.80
3	Donal Vaughan	Rising Sun	13.30
4	Neillie Hall	Ballynonty	14.10
Place	Men Over 40	200 Metres	Standard
1	Richard McArthur	St Cronan's	24.80
2	Kevin Finn	Nenagh Olympic	26.10
3	Willie Dom O'Connor	An Riocht	26.60
4	Shane Rogers	Tralee Harriers	26.70
5	Donal Vaughan	Rising Sun	26.80
6	Martin Hayes	West Waterford	27.30
Place	Men Over 40	400 Metres	Standard
1	Donal Vaughan	Rising Sun	57.30
2	Kevin Finn	Nenagh Olympic	57.70
3	Shane Rogers	Tralee Harriers	58.10
Place	Men Over 40	800 Metres	Standard
1	John Barrett	Gneeveguilla	2.13.2
2	Patrick O'Brien	Skibbereen	2.34.6
3	Declan Coakley	Skibbereen	2.39.6
Place	Men Over 40	3000 Metres	Standard
1	Garrett Barry	North Cork	9.05.5
2	John Barrett	Gneeveguilla	9.12.6
3	Denis McCarthy	East Cork	9.26.0
4	Martin Hayes	West Waterford	10.42.5
5	Neillie Hall	Ballynonty	10.58.5
6	Patrick O'Brien	Skibbereen	11.01.4
7	Bob Tate	Gneeveguilla	11.08.3
8	James Veale	West Waterford	11.11.4
9	Declan Coakley	Skibbereen	11.48.8
10	Bernard O'Keeffe	Tralee Harriers	12.02.6
Place	Men Over 40	3000 Metres Team	Standard
1		Gneeveguilla	30.11.6
2		West Waterford	32.35.4
3		Skibbereen	32.41.9

4		Rising Sun	33.12.7	
Place	Men Over 40	High Jump	Standard	
1	Richard McArthur	St Cronan's	1.46	
2	Neillie Hall	Ballynonty	1.28	
Place	Men Over 40	Long Jump	Standard	
1	Richard McArthur	St Cronan's	5.57	
2	Willie Dom O'Connor	An Riocht	5.42	
3	Shane Rogers	Tralee Harriers	4.78	
4	Neillie Hall	Ballynonty	4.37	
5	Bernard O'Keefe	Tralee Harriers	4.10	
6	Patrick O'Brien	Skibbereen	3.85	
Place	Men Over 40	Shot Putt	Standard	
1	Gerry Horgan	Farranfore Maine.Valley.	9.99	
2	Donal Vaughan	Rising Sun	7.87	
3	John O'Donovan	Bandon	7.41	
4	Patrick O'Brien	Skibbereen	7.03	
5	James Veale	West Waterford	5.67	
Place	Men Over 40	Discus	Standard	
1	Jerry Horgan	Farranfore Maine.Valley.	32.32	
2	Declan Coakley	Skibbereen	19.79	
3	Donal Vaughan	Rising Sun	19.77	
4	John O'Donovan	Bandon	17.57	
Place	Men Over 40	Javelin	Standard	
1	James Veale	West Waterford	17.72	
2	Declan Coakley	Skibbereen	17.34	
Place	Men Over 40	56Lb Distance	Standard	
1	John O'Donovan	Bandon	4.74	
2	Martin Hayes	West Waterford	3.39	
3	James Veale	West Waterford	3.33	
Place	Men Over 40	4 x 100 Metres Relay	Standard	
1		Tralee Harriers	53.0	
2		Rising Sun	55.50	
3		West Waterford	56.0	
Place	Men Over 45	400 Metres	Standard	
1	Richie Power	West Waterford	64.40	
2	Denis McSweeney	An Riocht	62.60	

Place	Men Over 45	800 Metres	Standard
1	Colm Rothery	Gneeveguilla	2.11.7
2	Larry Kennedy	Waterford	2.15.8
3	Richie Power	West Waterford	2.25.5
Place	Men Over 45	3000 Metres	Standard
1	Eugene Moynihan	Marian	9.28.1
2	Larry Kennedy	Waterford	9.41.6
3	Colm Rothery	Gneeveguilla	9.51.3
4	Paul Roche	Rising Sun	10.15.1
5	Chris Shaw	Gneeveguilla	10.43.2
6	Michael Wade	West Waterford	11.15.5
7	John Leahy	Rising Sun	11.40.0
Place	Men Over 45	High Jump	Standard
1	Frank Stam	Leevale	1,50
2	Larry O'Grady	Bilboa	1.48
3	Patsy O'Connor	Tralee Harriers	1,36
Place	Men Over 45	Long Jump	Standard
1	Larry O'Grady	Bilboa	4.85
Place	Men Over 45	Shot Putt	Standard
1	Patsy O'Connor	Tralee Harriers	11.15
2	Frank Stam	Leevale	10.07
3	Martin Fitzpatrick	St Mary's Clare	9.17
4	Larry O'Grady	Bilboa	9.09
Place	Men Over 45	Discus	Standard
1	Patsy O'Connor	Tralee Harriers	33.10
2	Frank Stam	Leevale	32.51
3	Larry O'Grady	Bilboa	21.73
Place	Men Over 45	Javelin	Standard
1	Patsy O'Connor	Tralee Harriers	34.77
2	Frank Stam	Leevale	32.27
Place	Men Over 45	56Lb Distance	Standard
1	Martin Fitzpatrick	St Mary's Clare	5.55
2	Larry O'Grady	Bilboa	4.98
Place	Men Over 50	100 Metres	Standard
1	Seamus Fox	Fanahan McSweeney	14,0

2	James O'Hare	Limerick	15,1	
Place	Men Over 50	200 Metres	Standard	
1	Joe Gough	West Waterford	26.90	
2	Seamus Fox	Fanahan McSweeney	29,0	
3	Con Kelleher	West Waterford	30.50	
Place	Men Over 50	400 Metres	Standard	
1	Joe Gough	West Waterford	58.30	
2	John Butler	West Limerick	61.0.	
3	John O'Riordan	Rising Sun	61.60	
4	Martin O'Sullivan	Ballincollig	63.40	
5	Con Kelleher	West Waterford	66.60	
Place	Men Over 50	800 Metres	Standard	
1	Joe Gough	West Waterford	2.19.5	
2	Martin O'Sullivan	Ballincollig	2.23.6	
3	John Butler	West Limerick	2.25.0	
4	Patrick O'Riordan	St Brendan's Kerry	2.43.5	
5	John Quigley	Eagle	2.47.8	
Place	Men Over 50	3000 Metres	Standard	
1	Eamon McEvoy	St Finbarr's	9.41.6	
2	Tommy Murphy	Skibbereen	9.51.7	
3	Con Kelleher	West Waterford	10.41.5	
4	John Quigley	Eagle	11.17.4	
Place	Men Over 50	3001 Metres Team	Standard	
1		Gneeveguilla	4038.60	
Place	Men Over 50	High Jump	Standard	
1	Seamus Fox	Fanahan McSweeney	1.48	
2	Patrick O'Riordan	St Brendan's Kerry	1,40	
3	Liam O'Dwyer	Dundrum	1.28	
Place	Men Over 50	Long Jump	Standard	
1	Joe Gough	West Waterford	5.05	
2	Seamus Fox	Fanahan McSweeney	4.55	
3	Martin O'Sullivan	Ballincollig	4,30	
4	Patrick O'Riordan	St Brendan's Kerry	4.12	
Place	Men Over 50	Shot Putt	Standard	
1	Denis Brosnan	Gneeveguilla	9.38	
2	James O'Hare	Limerick	8.08	

Place	Men Over 50	Discus	Standard
1	Denis Brosnan	Gneeveguilla	27.82
2	Jack Dunlea	Farranfore Maine.Valley.	27.45
3	James O'Hare	Limerick	22.76
4	Liam O'Dwyer	Dundrum	18.78
5	John Quigley	Eagle	14.84
Place	Men Over 50	Javelin	Standard
1	Denis Brosnan	Gneeveguilla	30.14
2	James O'Hare	Limerick	26.33
3	Martin O'Sullivan	Ballincollig	25,30
4	John Quigley	Eagle	21.33
Place	Men Over 50	56Lb Distance	Standard
1	Jack Dunlea	Farranfore Maine.Valley.	9.14
2	Denis Brosnan	Gneeveguilla	5.93
3	Liam O'Dwyer	Dundrum	5.58
Place	Men Over 50	4 x 100 Metres Relay	Standard
1		Cork	54.90
Place	Men Over 55	100 Metres	Standard
1	Brendan Dennehy	Rising Sun	12.60
2	Donal Crowley	Tralee Harriers	14.20
3	William O'Mahoney	Midleton	18.40
Place	Men Over 55	200 Metres	Standard
1	Brendan Dennehy	Rising Sun	25.90
2	William O'Mahoney	Midleton	32.40
Place	Men Over 55	400 Metres	Standard
1	Jimmy Murray	Rising Sun	66,0
2	Donal Crowley	Tralee Harriers	69,7
3	William O'Mahoney	Midleton	71,9
4	Eddie Cahalan	Coolquill	75.20
Place	Men Over 55	800 Metres	Standard
1	Jimmy Murray	Rising Sun	2.37.8
2	Don Desmond	Rising Sun	2.44.6
3	Eddie Cahalan	Coolquill	2.46.6
4	Bernard Collins	Limerick	2.55.3
5	William O'Mahoney	Midleton	3.02.0
6	Sean Whelan	Ennis Track	3.07.4

7	Michael Sharpe	Gneeveguilla	3.19.0	
Place	Men Over 55	3000 Metres	Standard	
1	Don Desmond	Rising Sun	11.17.6	
2	Bernard Collins	Limerick	11.33.1	
3	Eddie Cahalan	Coolquill	11.35.7	
4	Sean Whelan	Ennis Track	12.35.3	
5	Michael Sharpe	Gneeveguilla	15.01.7	
Place	Men Over 55	High Jump	Standard	
1	Brendan Dennehy	Rising Sun	1.36	
2	George Maguire	Nenagh Olympic	1.18	
3	Donal Crowley	Tralee Harriers	1.18	
4	Jimmy Murray	Rising Sun	1.14	
Place	Men Over 55	Long Jump	Standard	
1	Brendan Dennehy	Rising Sun	4.98	
2	Donal Crowley	Tralee Harriers	4.04	
3	William O'Mahoney	Midleton	3.82	
Place	Men Over 55	Shot Putt	Standard	
1	Michael Kelly	Nenagh Olympic	9.51	
2	Joe Moloney	Moycarkey Coolcree	8.36	
3	Batt McHugh	East Cork	7.31	
Place	Men Over 55	Discus	Standard	
1	Padraig Fanning	Tralee Harriers	30.29	
2	Michael Kelly	Nenagh Olympic	23.06	
3	Jimmy Murray	Rising Sun	22.27	
4	George Maguire	Nenagh Olympic	21.89	
5	Joe Moloney	Moycarkey Coolcree	20.14	
Place	Men Over 55	Javelin	Standard	
1	Michael Kelly	Nenagh Olympic	31.69	
2	Joe Moloney	Moycarkey Coolcree	12.73	
Place	Men Over 55	56Lb Distance	Standard	
1	Batt McHugh	East Cork	7.89	
2	Gerry O'Connell	Marian	7.68	
3	Michael Kelly	Nenagh Olympic	6.74	
4	Joe Moloney	Moycarkey Coolcree	4.54	
Place	Men Over 60	100 Metres	Standard	
1	Con O'Donovan	Rising Sun	13.40	

2	Jim O'Shea	Farranfore Maine.Valley.	14.30	
3	Lorcan Murphy	Iveragh	14.80	
Place	Men Over 60	200 Metres	Standard	
1	Con O'Donovan	Rising Sun	29.70	
2	Jim O'Shea	Farranfore Maine.Valley.	32.40	
3	Mike Browne	Gneeveguilla	37.0.	
Place	Men Over 60	400 Metres	Standard	
1	Joe McSweeney	Emerald	63.90	
2	Mike Browne	Gneeveguilla	81.90	
Place	Men Over 60	800 Metres	Standard	
1	Mike Browne	Gneeveguilla	2.58.6	
2	George Webb	Rising Sun	3.03.1	
Place	Men Over 60	3000 Metres	Standard	
1	Lorcan Murphy	Iveragh	12.31.9	
2	Mike Browne	Gneeveguilla	12.57.2	
3	George Webb	Rising Sun	13.01.5	
Place	Men Over 60	High Jump	Standard	
1	Jim O'Shea	Farranfore Maine.Valley.	1.34	
Place	Men Over 60	Long Jump	Standard	
1	Joe McSweeney	Emerald	4,40	
2	Con O'Donovan	Rising Sun	4.39	
3	Jim O'Shea	Farranfore Maine.Valley.	3.99	
4	George Webb	Rising Sun	3.08	
Place	Men Over 60	Shot Putt	Standard	
1	Con O'Donovan	Rising Sun	7,40	
2	Michael O'Sullivan	An Riocht	7,12	
Place	Men Over 60	Discus	Standard	
1	Joe McSweeney	Emerald	28.39	
Place	Men Over 60	Javelin	Standard	
1	Joe McSweeney	Emerald	29.03	
2	Jim O'Shea	Farranfore Maine.Valley.	17.79	
Place	Men Over 60	28Lb Distance	Standard	
1	Michael O'Sullivan	An Riocht	5.22	

Place	Men Over 65	100 Metres	Standard
1	Tony Buckley	Gneeveguilla	16.80
Place	Men Over 65	200 Metres	Standard
1	Tony Buckley	Gneeveguilla	35.40
Place	Men Over 65	400 Metres	Standard
1	Tony Buckley	Gneeveguilla	80,0
Place	Men Over 65	3000 Metres	Standard
1	Tony Buckley	Gneeveguilla	12.46.3
Place	Men Over 65	High Jump	Standard
1	Michael O'Riordan	Dundrum	0.94
Place	Men Over 65	Long Jump	Standard
1	Michael O'Riordan	Dundrum	2.27
Place	Men Over 65	Shot Putt	Standard
1	Martin McDonagh	Tralee Harriers	9.39
2	Michael O'Riordan	Dundrum	5.91
Place	Men Over 65	Discus	Standard
1	Martin McDonagh	Tralee Harriers	25.51
Place	Men Over 65	Javelin	Standard
1	Martin McDonagh	Tralee Harriers	22.17
Place	Men Over 65	28Lb Distance	Standard
1	Martin McDonagh	Tralee Harriers	7.16
2	Michael O'Riordan	Dundrum	6.58
Place	Men Over 70	400 Metres	Standard
1	Willie Neenan	Millstreet	86,0
Place	Men Over 70	800 Metres	Standard
1	Willie Neenan	Millstreet	3.11.2
Place	Men Over 70	High Jump	Standard
1	Michael O'Beirne	Dundrum	0.94
Place	Men Over 70	Long Jump	Standard

1	Michael O'Beirne	Dundrum	2.59	
Place	Men Over 70	Shot Putt	Standard	
1	Len Braham	Ind.	10.16	
2	Ed Mulcahy	Farranfore Maine.Valley.	9.22	
3	Michael O'Beirne	Dundrum	7.91	
Place	Men Over 70	Discus	Standard	
1	Len Braham	Ind.	38,00	
2	Ed Mulcahy	Farranfore Maine.Valley.	26.07	
Place	Men Over 70	Javelin	Standard	
1	Ed Mulcahy	Farranfore Maine.Valley.	21.45	
2	Len Braham	Ind.	13.09	
Place	Men Over 70	28Lb Distance	Standard	
1	Len Braham	Ind.	9.70	
2	Ed Mulcahy	Farranfore Maine.Valley.	8.05	
3	Michael O'Beirne	Dundrum	6.54	
Place	Men Over 75	100 Metres	Standard	
1	Sean O'Sullivan	Rising Sun	16.10	
2	Michael Hayes	St Mary's Clare	20.70	
Place	Men Over 75	200 Metres	Standard	
1	Sean O'Sullivan	Rising Sun	36.0.	
Place	Men Over 75	400 Metres	Standard	
1	Sean O'Sullivan	Rising Sun	94,3	
Place	Men Over 75	Long Jump	Standard	
1	Sean O'Sullivan	Rising Sun	3.33	
Place	Men Over 75	Shot Putt	Standard	
1	Michael Hayes	St Mary's Clare	8,20	
Place	Men Over 75	Discus	Standard	
1	Michael Hayes	St Mary's Clare	20.13	
Place	Men Over 80	Shot Putt	Standard	
1	Denis Howard	Rising Sun	6,42	
Place	Men Over 80	Discus	Standard	

1	Denis Howard	Rising Sun	18.46	
Place	Men Over80	28Lb Distance	Standard	
1	Denis Howard	Rising Sun	6.45 N.R.	
Place	Women Over 35	100 Metres	Standard	
1	Liz McCarthy Coomey	Bandon	13.50	
2	Sandra Brazil White	West Waterford	13.80	
3	Mairead Flynn	West Waterford	15.40	
4	Martina Ryan	West Waterford	15.50	
Place	Women Over 35	200 Metres	Standard	
1	Sandra Brazil White	West Waterford	30.70	
2	Ann Dunford	West Waterford	33.70	
3	Martina Ryan	West Waterford	34.20	
4	Mairead Flynn	West Waterford	37.40	
Place	Women Over 35	800 Metres	Standard	
1	Margo Dinan	St Finbarr's	2.31.2	
2	Carmel McCarthy Crowley	Bandon	2.41.7	
3	Sandra Lambe	Gneeveguilla	2.50.1	
4	Ann Dunford	West Waterford	2.56.1	
Place	Women Over 35	3000 Metres	Standard	
1	Carmel McCarthy Crowley	Bandon	10.57.5	
2	Sandra Lambe	Gneeveguilla	12.20.3	
3	Mairead Flynn	West Waterford	12.59.9	
4	Barbara Harte	Bandon	13.19.4	
Place	Women Over 35	3000 Metres Team	Standard	
1		St Finbarr's	1.57	
2		Gneeveguilla	1.61	
3		West Waterford	1.70	
Place	Women Over 35	High Jump	Standard	
1	Carmel McCarthy Crowley	Bandon	1.36	
Place	Women Over 35	Long Jump	Standard	
1	Carmel McCarthy Crowley	Bandon	4.51	
2	Josephine Hickey	Gneeveguilla	4.35	
3	Sandra Brazil White	West Waterford	3.81	
4	Martina Ryan	West Waterford	3.36	
Place	Women Over 35	Shot Putt	Standard	

1	Shelia Fitzpatrick	Gneeveguilla	9,10	
2	Josephine Hickey	Gneeveguilla	8.49	
Place	Women Over 35	Discus	Standard	
1	Shelia Fitzpatrick	Gneeveguilla	23,70	
Place	Women Over 35	Javelin	Standard	
1	Shelia Fitzpatrick	Gneeveguilla	19.34	
2	Martina Ryan	West Waterford	15.03	
Place	Women Over 35	Hammer	Standard	
1	Shelia Fitzpatrick	Gneeveguilla	23.69	
2	Liz McCarthy Coomey	Bandon	21.45	
3	Ann Dunford	West Waterford	9.11	
Place	Women Over 35	4 x 100 Metres Relay	Standard	
1		West Waterford A	1.02.8	
2		Bandon	1.03.7	
3		West Waterford B	1.17.8	
Place	Women Over 40	100 Metres	Standard	
1	Agnes Hurley	Grange Fermoy	14.40	
2	Maura Flynn	Gneeveguilla	15.50	
3	Priscilla O'Sullivan	Skibbereen	15.70	
4	Margaret Moriarty	Farranfore Maine.Valley.	16.90	
Place	Women Over 40	200 Metres	Standard	
1	Agnes Hurley	Grange Fermoy	32.20	
2	Eilis Ni Haodha	West Waterford	34.80	
Place	Women Over 40	800 Metres	Standard	
1	Caroline Murphy	Gneeveguilla	2.50.5	
2	Regina Burton	St Finbarr's	2.54.2	
3	Maura Flynn	Gneeveguilla	3.13.8	
Place	Women Over 40	3000 Metres	Standard	
1	Caroline Murphy	Gneeveguilla	12.14.2	
2	Regina Burton	St Finbarr's	12.15.4	
3	Josie O'Chuirinn	West Waterford	12.58.8	
4	Nora Flynn	Gneeveguilla	13.58.0	
5	Anne Murphy	Rising Sun	16.51.9	
Place	Women Over 40	Long Jump	Standard	
1	Agnes Hurley	Grange Fermoy	3.69	

2	Eilis Ni Haodha	West Waterford	3.42	
3	Maureen Glanton	Skibbereen	3.34	
Place	Women Over 40	Shot Putt	Standard	
1	Priscilla O'Sullivan	Skibbereen	7.94	
2	Marie O'Leary	An Riocht	7.44	
3	Maureen Glanton	Skibbereen	7.18	
4	Josie O'Chuirinn	West Waterford	4.21	
Place	Women Over 40	Discus	Standard	
1	Priscilla O'Sullivan	Skibbereen	20.92	
2	Maureen Glanton	Skibbereen	20.68	
3	Marie O'Leary	An Riocht	20.34	
Place	Women Over 40	Javelin	Standard	
1	Maureen Glanton	Skibbereen	16.78	
2	Priscilla O'Sullivan	Skibbereen	16.42	
3	Marie O'Leary	An Riocht	13.15	
4	Eilis Ni Haodha	West Waterford	9.93	
Place	Women Over 40	Inter County 4X100	Standard	
1		Cork B	1.12.7	
2		Cork C	1.17.6	
3		Cork A	1.19.4	
Place	Women Over 45	100 Metres	Standard	
1	Ann Kelly Crowley	Bandon	15.40	
2	Marie Walsh	An Riocht	15.80	
3	Ebhana Finnegan	Rising Sun	16.10	
4	Ann Ladden	Farranfore Maine.Valley.	16.20	
Place	Women Over 45	200 Metres	Standard	
1	Cushla Murphy Hehir	Marian	32.70	
2	Marie Walsh	An Riocht	34.40	
3	Ebhana Finnegan	Rising Sun	35.80	
Place	Women Over 45	800 Metres	Standard	
1	Cushla Murphy Hehir	Marian	2.43.7	
Place	Women Over 45	3000 Metres	Standard	
1	Joan Hough	St Finbarr's	11.32.4	
2	Jacinta Shields	West Waterford	16.41.3	
Place	Women Over 45	Long Jump	Standard	

1	Ann Ladden	Farranfore Maine.Valley.	3.84	
2	Ann Kelly Crowley	Bandon	3.38	
Place	Women Over 45	Shot Putt	Standard	
1	Margaret Ahern	Fanahan McSweeney	6,30	
2	Ruth Murray	Rising Sun	5,98	
3	Jacinta Shields	West Waterford	4,85	
Place	Women Over 45	Discus	Standard	
1	Ruth Murray	Rising Sun	22.33	
2	Margaret Ahern	Fanahan McSweeney	19.44	
3	Ann Ladden	Farranfore Maine.Valley.	12.63	
4	Jacinta Shields	West Waterford	10.59	
Place	Women Over 45	Javelin	Standard	
1	Ebhana Finnegan	Rising Sun	10,60	
2	Jacinta Shields	West Waterford	7.25	
Place	Women Over 45	Hammer	Standard	
1	Ebhana Finnegan	Rising Sun	18.26	
2	Margaret Ahern	Fanahan McSweeney	16.96	
3	Ruth Murray	Rising Sun	16.73	
Place	Women Over 50	200 Metres	Standard	
1	Carmel Mac Domhnaill	West Limerick	36.50	
2	Joan O' Sullivan	Gneeveguilla	47.50	
Place	Women Over 50	800 Metres	Standard	
1	Carmel Mac Domhnaill	West Limerick	2.57.9	
2	Marion Lyons	St Finbarr's	3.11.5	
3	Joan O'Sullivan	Gneeveguilla	4.20.5	
4	Mary O'Donoghue	Gneeveguilla	5.01.7	
Place	Women Over 50	3000 Metres	Standard	
1	Marion Lyons	St Finbarr's	13.40.4	
2	Joan O'Sullivan	Gneeveguilla	17.57.7	
3	Mary O'Donoghue	Gneeveguilla	19.01.3	
Place	Women Over 50	LongJump	Standard	
1	Marie Coughlan	Kilmihil	3.06	
Place	Women Over 50	Shot Putt	Standard	
1	Marie Coughlan	Kilmihil	5,50	
2	Hannah O'Sullivan	An Riocht	4,31	

Place	Women Over 50	Discus	Standard
1	Marie Coughlan	Kilmihil	13.89
2	Joan O' Sullivan	Gneeveguilla	13.58
Place	Women Over 50	Javelin	Standard
1	Hannah O' Sullivan	An Riocht	7.07
Place	Women Over 50	Hammer	Standard
1	Marie Coughlan	Kilmihil	14.15
Place	Women Over 55	100 Metres	Standard
1	Brid McCullough	Ennis Track	17.90
Place	Women Over 55	200 Metres	Standard
1	Brid McCullough	Ennis Track	40.20
Place	Women Over 55	800 Metres	Standard
1	Brid McCullough	Ennis Track	3.41.2
Place	Women Over 55	3000 Metres	Standard
1	Brid McCullough	Ennis Track	15.55.2
Place	Women Over 60	100 Metres	Standard
1	Mary Barry	Grange Fermoy	19.30
Place	Women Over 60	200 Metres	Standard
1	Terri Gough	West Waterford	41.60
2	Mary Barry	Grange Fermoy	43.70
3	Maggie Dunne	Grange Fermoy	47.10
Place	Women Over 60	800 Metres	Standard
1	Maggie Dunne	Grange Fermoy	3.47.3
2	Mary Barry	Grange Fermoy	4.45.0
Place	Women Over 60	3000 Metres	Standard
1	Maggie Dunne	Grange Fermoy	14.33.4
2	Terri Gough	West Waterford	15.35.7
Place	Women Over 60	Long Jump	Standard
1	Mary Barry	Grange Fermoy	2.48
Place	Women Over 60	Shot Putt	Standard

