

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014**Sponsored by MMI, www.mmi.ie****60 m Hurdles**

1	Grace McKenzie	Belgooly	Junior Women	9.59	
2	Jane Pennyfeather	Leevale	Junior Women	9.97	
3	Rebekah O'Connell	Liscarroll	Junior Women	11.46	
1	Lilly ann O Hora	Dooneen	U23 Women	9.11	CBP
1	Paula McCarthy	Bantry	Senior Women	10.26	
1	Sam Healy	Leevale	Junior Men	8.51	
2	Jason Foley	Lios Tuathail	Junior Men	8.59	
3	Kevin O'Leary	Liscarroll	Junior Men	11.23	
1	PJ Galvin	St. Brendan's AC	U23 Men	9.02	CBP
2	Younelie Froger	Leevale	U23 Men	9.15	
1	Benjamin Guillou	Leevale	Senior Men	8.92	
2	Kevin Grant	Limerick AC	Senior Men	9.79	
60m Sprint					
1	Sharlene Mawdsley	Newport	Junior Women	8.07	
2	Marie O'Halloran	Leevale	Junior Women	8.19	
3	Maria Carey	Newport	Junior Women	8.26	
4	Amy White	Nenagh Olympic	Junior Women	8.28	
5	Aoife O'Carroll	Tralee Harriers	Junior Women	8.34	
6	Mary Rose Shanahan	Skibbereen	Junior Women	8.86	
1	Shona Lowe	Leevale	U23 Women	7.86	CBP
2	Lilly ann O Hora	Dooneen	U23 Women	8.07	
1	Joan Healy	Bandon	Senior Women	7.76	
2	Niamh Whelan	Ferrybank	Senior Women	7.89	
3	Siobhán McCann	St Michaels	Senior Women	9.30	
1	Elaine Cronin	Gneeveguilla	O35 Women	8.83	
2	Nicola Hayes	Waterford AC	O35 Women	8.86	
1	Annette O'Brien	Gneeveguilla	O40 Women	8.90	
2	Brid Stack	Gneeveguilla	O40 Women	8.94	
3	Therese O'Brien	Limerick AC	O40 Women	9.24	
4	HILDA O CONNOR	Ennis Track	O40 Women	9.88	
1	Mary Barrett	Loughrea AC	O55 Women	10.00	
2	Mary Whelan	Dublin Striders AC	O55 Women	10.93	
1	Mary Barry	Grange Fermoy AC	O65 Women	12.45	
2	Terri Gough	WestWaterford	O65 Women	13.46	

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60m Sprint

Junior Men Heats

1	Stephen Walsh	Ferrybank	Junior Men	7.35
2	Jaime Murtagh	St Andrews	Junior Men	7.38
3	Luke Ring	Leevale	Junior Men	7.49
4	Dan Finnerty	Nenagh Olympic	Junior Men	7.53
5	Jake Guerin	Dooneen	Junior Men	7.86

1	Cian Greene	Youghal AC	Junior Men	7.36
2	Joey Henchy	Bandon	Junior Men	7.36
3	Sam Healy	Leevale	Junior Men	7.44
4	Mark Varley	Dooneen	Junior Men	7.49
5	Evan Crotty	Emerald	Junior Men	7.50
6	Sean O'Callaghan	Leevale	Junior Men	7.88

1	Raymond Walsh	Abbey Striders AC	Junior Men	7.31
2	Fintan Shaughnessy	Bandon	Junior Men	7.33
3	Eoin O'Carroll	Tralee harriers	Junior Men	7.37
4	Paudi Carmody	Marian A.C.	Junior Men	7.62
5	Jack Murphy	Leevale	Junior Men	7.71
6	Daniel O'Mahony	Leevale	Junior Men	7.87
7	John Flynn	Dooneen	Junior Men	7.89

Junior Men Final

1	Cian Greene	Youghal AC	Junior Men	7.19
2	Fintan Shaughnessy	Bandon	Junior Men	7.25
3	Stephen Walsh	Ferrybank	Junior Men	7.30
4	Eoin O'Carroll	Tralee harriers	Junior Men	7.32
5	Joey Henchy	Bandon	Junior Men	7.33
6	Sam Healy	Leevale	Junior Men	7.40
7	Luke Ring	Leevale	Junior Men	7.50

U23 Men 60 m Heats

1	Cormac Lynch	Marian A.C.	U23 Men	7.32
2	Pádraig Ó Drisceoil	DMP AC	U23 Men	7.48
3	PJ Galvin	St. Brendan's AC	U23 Men	7.50
4	Michael Godley	Tralee Harriers	U23 Men	7.60
5	Liam Mulcahy	Leevale	U23 Men	7.64

1	Kaodichinma Ogbene	Leevale	U23 Men	7.44
2	Shane O Dwyer	Ferrybank	U23 Men	7.45
3	Patrick Lynch	Newport	U23 Men	7.48
4	Niall Flanagan	Cushinstown	U23 Men	7.55
5	Roland Pika	Limerick AC	U23 Men	7.61
6	Younelie Froger	Leevale	U23 Men	7.64
7	William O Connor	An Riocht	U23 Men	7.67

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014**Sponsored by MMI, www.mmi.ie****U23 Men Final**

1	Cormac Lynch	Marian A.C.	U23 Men	7.30
2	Patrick Lynch	Newport	U23 Men	7.34
3	Kaodichinma Ogbene	Leevale	U23 Men	7.38
4	Shane O Dwyer	Ferrybank	U23 Men	7.44
5	Pádraig Ó Drisceoil	DMP AC	U23 Men	7.44
6	PJ Galvin	St. Brendan's AC	U23 Men	7.57
7	Niall Flanagan	Cushinstown	U23 Men	7.63
8	Michael Godley	Tralee Harriers	U23 Men	7.68
9	Roland Pika	Limerick AC	U23 Men	7.92

1	Benjamin Guillou	Leevale	Senior Men	7.13
2	David Quilligan	Leevale	Senior Men	7.13
3	Laurence O'Reilly	Tullamore harriers	Senior Men	7.25
4	Neil Heffernan	Leevale	Senior Men	7.35
5	Aran Meyler	Menapians	Senior Men	7.42
6	Barry Upton	Menapians AC	Senior Men	7.42
7	Ailbe Ryan	Moyglass AC	Senior Men	8.51

1	Brendan Leahy	Waterford AC	O35 Men	7.71
2	Kenneth Lee	Templemore AC	O35 Men	7.94
3	Declan O'Mahony	Youghal AC	O35 Men	8.38

1	Donnacha Dennehy	Rising Sun	O40 Men	7.99
2	Jeremiah McCarthy	Kenmare AC	O40 Men	8.19
3	Paschall Halley	Waterford AC	O40 Men	8.41
4	Mark Burke	Moyglass AC	O40 Men	8.52
5	Finbarr Whelan	Liscarroll	O40 Men	8.73
6	P J O Rourke	Limerick AC	O40 Men	8.80
7	Martin O'Sullivan	Liscarroll	O40 Men	8.96

1	Richard McArthur	St Cronans A.C	O45 Men	7.84
2	andy Minogue	dooneen	O45 Men	8.83
3	Sean O'Shea	Farranfore Maine Valley A/C	O45 Men	9.19
4	PAT MORRISSEY	Ennis Track	O45 Men	9.39
5	Ger Delaney	Templemore AC	O45 Men	9.55

1	John Murphy	Liscarroll	O50 Men	8.66
2	Noel Galvin	West Muskerry A.C.	O50 Men	8.86
3	Richard Butler	Ballynonty	O50 Men	8.99
4	Gerard Leahy	Liscarroll	O50 Men	9.25

1	Liam Lyster	Crusaders	O55 Men	8.57
2	Tom McGrath	Templemore AC	O55 Men	8.85
3	Seamus Fox	FANAHAN McSWEENEY	O55 Men	9.68
4	James O'Keefe	Liscarroll	O55 Men	10.41

60m Sprint

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1	James O'Hare	Limerick AC	O60 Men	8.86
1	Brendan Dennehy	Rising Sun	O65 Men	8.67
2	John Rice	Grange Fermoy AC	O65 Men	11.14
3	Jerry O'Connell	Limerick CC	O65 Men	11.40
1	JIM O SHEA	FARRANFORE-M VALLEY	O70 Men	9.87

200m

1	Sharlene Mawdsley	Newport	Junior Women	26.42
2	Katie Waterman	Leevale	Junior Women	26.45
3	Leanne Prout	carrick On Suir	Junior Women	26.95
4	Marie O'Halloran	Leevale	Junior Women	27.23
5	Amy White	Nenagh Olympic	Junior Women	27.26
6	Amy Cronin	Gneeveguilla	Junior Women	27.67
7	Mary Rose Shanahan	Skibbereen	Junior Women	30.41

1	Lilly ann O Hora	Dooneen	U23 Women	26.59	CBP
2	Jessica Neville	Leevale	U23 Women	26.84	
3	Shona Lowe	Leevale	U23 Women	27.20	
4	Eimear Lynch	Newport	U23 Women	27.51	
5	Christine Neville	Leevale	U23 Women	27.59	

1	Niamh Whelan	Ferrybank	Senior Women	25.86
2	Lorraine Carr	Leevale	Senior Women	28.82

1	Elaine Cronin	Gneeveguilla	O35 Women	30.19
2	Nicola Hayes	Waterford AC	O35 Women	31.62
3	MICHELLE TIMONEY	Ennis Track	O35 Women	33.39
4	diane Curran	dooneen	O35 Women	36.02

1	Brid Stack	Gneeveguilla	O40 Women	30.53
2	Jean Hosey	Limerick AC	O40 Women	33.26
3	HILDA O CONNOR	Ennis Track	O40 Women	33.92
4	Anna o neill	Doheny a.c.	O40 Women	36.90

1	Hazel Galloway	Clonmel	O55 Women	35.64
2	Mary Whelan	Dublin Striders AC	O55 Women	40.17
3	Marion Lyons	St. Finbarr's A.C.	O55 Women	43.74

1	Terri Gough	WestWaterford	O65 Women	
2	Mary Barry	Grange Fermoy AC	O65 Women	

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200m

1	Paul Murphy	ferrybank	Junior Men	23.07	
2	Stephen Walsh	Ferrybank	Junior Men	23.31	
3	Jason Foley	Lios Tuathail	Junior Men	23.52	
4	Paul White	Nenagh Olympic	Junior Men	23.66	
5	Brandon Arrey	B.I.A.C	Junior Men	23.69	
6	Mark Varley	Dooneen	Junior Men	23.79	
7	Ronan Barry	Marian A.C.	Junior Men	24.11	
8	Dan Finnerty	Nenagh Olympic	Junior Men	24.27	
9	Jack Murphy	Leevale	Junior Men	24.31	
10	Sean O'Callaghan	Leevale	Junior Men	24.41	
11	Luke Ring	Leevale	Junior Men	24.70	
12	Daniel O'Mahony	Leevale	Junior Men	25.40	
13	Simon Archer	Templemore AC	Junior Men	25.44	
14	Paudi Carmody	Marian A.C.	Junior Men	25.83	
15	Jake Guerin	Dooneen	Junior Men	26.27	
1	Patrick Lynch	Newport	U23 Men	23.72	CBP
2	Cormac Lynch	Marian A.C.	U23 Men	23.74	
3	Kaodichinma Ogbene	Leevale	U23 Men	24.07	
4	Pádraig Ó Drisceoil	DMP AC	U23 Men	24.30	
5	Liam Mulcahy	Leevale	U23 Men	26.06	
1	Thomas O'Sullivan	Leevale	Senior Men	23.20	
2	Nick Ennis	Crusaders AC	Senior Men	24.13	
3	Ailbe Ryan	Moyglass AC	Senior Men	27.62	
1	Kenneth Lee	Templemore AC	O35 Men	26.21	
2	Adrian McGinly	Templemore AC	O35 Men	26.29	
3	Johnny Doran	Templemore AC	O35 Men	26.94	
4	Mark SaUs	Templemore AC	O35 Men	29.13	
5	paul Askins	dooneen	O35 Men	32.30	
1	Jeremiah McCarthy	Kenmare AC	O40 Men	27.46	
2	Micheal Dennehy	Rising Sun AC	O40 Men	27.79	
3	Paschall Halley	Waterford AC	O40 Men	27.92	
4	John Browne	Ferrybank	O40 Men	28.44	
5	Mark Burke	Moyglass AC	O40 Men	28.65	
6	Finbarr Whelan	Liscarroll	O40 Men	30.07	
7	Martin O'Sullivan	Liscarroll	O40 Men	30.50	
1	Trevor White	St Cronans A.C	O45 Men	27.64	
2	Paddy Doyle	Moyne AC	O45 Men	29.00	

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1	Steve Dunning	St. Catherine's AC	O50 Men	27.77
2	John Murphy	Liscarroll	O50 Men	29.37
3	Adrian Young	Templemore AC	O50 Men	30.46
4	Conor Geary	Waterford AC	O50 Men	31.64
5	Gerard Leahy	Liscarroll	O50 Men	31.80

1	Ken Deevy	KCH	O55 Men	27.18
2	Liam Lyster	Crusaders	O55 Men	29.56
3	Tom McGrath	Templemore AC	O55 Men	29.81
4	Seamus Fox	FANAHAN McSWEENEY	O55 Men	33.62
5	Eddie Barry	St. Finbarr's A.C.	O55 Men	35.42

1	Paddy Shelly	Ballynonty	O65 Men	37.51
2	Jerry O'Connell	Limerick CC	O65 Men	39.01
3	Willie O'Mahoney	Youghal AC	O65 Men	40.30

1	JIM O SHEA	FARRANFORE-M VALLEY	O70 Men	36.31
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1	Flor O'Leary	St. Finbarr's A.C.	O80 Men	40.63
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400 m

1	Louise Shanahan	Leevale	Junior Women	58.07	CBP
2	Leanne Prout	carrick On Suir	Junior Women	1.01.57	
3	Jane Pennyfeather	Leevale	Junior Women	1.02.75	
4	Aoife Delargy	Templemore AC	Junior Women	1.03.52	
5	Mary Rose Shanahan	Skibbereen	Junior Women	1.14.09	
6	Sarah Managan	Limerick AC	Junior Women	1.07.67	

1	Paul White	Nenagh Olympic	Junior Men	51.49	
2	Brandon Arrey	B.I.A.C	Junior Men	51.85	
3	Paul Murphy	ferrybank	Junior Men	51.95	
4	Evan Crotty	Emerald AC	Junior Men	53.49	
5	Scott Gibson	Bandon	Junior Men	53.55	
6	Ronan Barry	Marian A.C.	Junior Men	54.14	
7	Jack Broderick	Limerick AC	Junior Men	55.37	
8	Liam Finn	Nenagh Olympic	Junior Men	57.83	
9	Conor Lynch	Newport	Junior Men	58.08	
10	Cormac Hickey	Riverstick-Kinsale AC	Junior Men	58.49	
11	Aidan Healy	Nenagh Olympic	Junior Men	1.01.07	

1	Jessica Neville	Leevale	U23 Women	1.00.41	CBP
2	Christine Neville	Leevale	U23 Women	1.01.23	
3	Eimear Lynch	Newport	U23 Women	1.04.31	

1	Daniel Colbet	Midleton	U23 Men	52.70	CBP
2	William O Connor	An Riocht	U23 Men	53.46	

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014**Sponsored by MMI, www.mmi.ie****400 m**

1	Niamh Field	St Cocas	Senior Women	1.00.87
2	Andrea Bickerdike	Leevale	Senior Women	1.02.09
3	GRACE EADE	Ennis Track	Senior Women	1.03.01
4	Lorraine Carr	Leevale	Senior Women	1.11.11

1	Kieran Kelly	Raheny Shamrocks	Senior Men	51.53
2	Thomas O'Sullivan	Leevale	Senior Men	52.43
3	Barry Upton	Menapians AC	Senior Men	52.78
4	Lorcan O'Connor	Emerald	Senior Men	54.95

800m

1	Ciara Cummins	Nenagh Olympic	Junior Women	2.23.20
2	Muireann O'Shea	Marian A.C.	Junior Women	2.28.91

1	Grace Lynch	Iveragh	U23 Women	2.26.85	CBP
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1	Claire McSweeney	Leevale	Senior Women	2.15.12
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1	Claire Kelly	Templemore	O35 Women	2.42.21
2	MARY CAHILL	Ennis Track	O35 Women	2.49.87

1	Anna o neill	Doheny a.c.	O45 Women	2.46.30
2	HILDA O CONNOR	Ennis Track	O40 Women	2.53.05

1	Helen O'Hanlon	Ennis Track	O45 Women	2.52.37
2	Patricia McNamara	West Limerick AC	O45 Women	3.04.09

1	Carmel Mhicdhomhnaill	West Limerick AC	O55 Women	2.56.92
2	Marion Lyons	St. Finbarr's A.C.	O55 Women	3.19.39

1	Terri Gough	WestWaterford	O65 Women	4.10.91
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1	Tom Hennessy	Nenagh Olympic	Junior Men	2.00.46
2	Garry O'Sullivan	West Muskerry A.C.	Junior Men	2.06.68
3	TJ Hogan	Leevale	Junior Men	2.10.35
4	Luke Devine	North Cork AC	Junior Men	2.11.86
5	Gary Howard	Nenagh Olympic	Junior Men	2.14.42
6	Solomon Adebisi	B.I.A.C	Junior Men	2.14.81
7	Sean Barber	Togher AC	Junior Men	2.17.03

1	KEVIN CHESSER	Ennis Track	U23 Men	2.01.60	CBP
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2	Peadar Harvey	Craughwell	U23 Men	2.03.06
3	Shane O'Rahilly	North Cork AC	U23 Men	2.09.19
4	Richard Lucas	Ferrybank	U23 Men	2.11.53

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1	Damien Landers	St Johns	Senior Men	2.01.29
2	Peter Hanrahan	Togher AC	Senior Men	2.05.02
3	Aidan Mullins	Bantry	Senior Men	2.07.57
4	MICHEAL KEANE	Ennis Track	Senior Men	2.08.66
5	Trevor Power	Waterford AC	Senior Men	2.11.81
6	Gary Wilmot	West Limerick AC	Senior Men	2.15.77
1	CIARAN McMANUS	Ennis Track	O35 Men	2.06.96
2	Kevin Lynch	Lios Tuathail	O35 Men	2.08.12
3	Brian Swaby	Waterford AC	O35 Men	2.10.51
4	John Dineen	Waterford AC	O35 Men	2.12.91
1	John White	St Michaels	O40 Men	2.17.83
2	Ray McInerney	Limerick AC	O40 Men	2.18.58
3	Chizhikov Yevheniy	WestWaterford	O40 Men	2.25.62
4	TOM MICKS	Ennis Track	O40 Men	2.27.68
5	AIDAN HOGAN	RISING SUN A.C	O40 Men	2.33.00
6	FERGAL McGRATH	Ennis Track	O40 Men	2.34.77
1	Pat O Riordan	Limerick AC	O45 Men	2.22.84
2	JOHN MURPHY	Ennis Track	O45 Men	2.28.34
3	Paddy Doyle	Moyne AC	O45 Men	2.31.15
4	MICHAEL McBRIDE	Ennis Track	O45 Men	2.32.71
1	Ken Deevy	Kilkenny City Harriers	O50 Men	2.19.31
2	PAT MORRISSEY	Ennis Track	O50 Men	2.28.14
3	Conor Geary	Waterford AC	O50 Men	2.32.65
1	Eugene Moynihan	Marian	O55 Men	2.29.90
2	Michael Quinlivan	Tulla AC	O55 Men	2.48.57
3	James Sexton	Kilmurry Ibk/North Clare	O55 Men	2.53.63
1	Joe Gough	WestWaterford	O60 Men	2.18.41
2	Dan Kennedy	St. Finbarr's A.C.	O60 Men	2.57.40
3	Jim Boland	Sli Chulainn	O60 Men	3.06.20
1	Paddy Shelly	Ballynonty	O65 Men	3.13.03
2	Willie O'Mahoney	Youghal AC	O65 Men	3.41.95
1	Mike Browne	Gneeveguilla	O70 Men	4.07.09
1	Flor O'Leary	St. Finbarr's A.C.	O80 Men	3.43.23

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1500m

1	Louise Shanahan	Leevale	Junior Women	4.53.00	
2	Aisling Quinn	Ferrybank	Junior Women	5.09.01	
3	Aoife Deering	Nenagh Olympic	Junior Women	5.18.68	
4	Laura Egan	Kilmihil	Junior Women	5.20.23	
5	Muireann O'Shea	Marian A.C.	Junior Women	5.23.12	
1	Amy O'Donoghue	Emerald AC	U23 Women	4.53.87	CBP
2	Niamh Moore	UCC AC	U23 Women	5.20.39	
1	Claire McSweeney	Leevale	Senior Women	4.56.00	
2	Michelle Finn	Leevale	Senior Women	4.57.11	
3	Niamh Walsh	Leevale	Senior Women	5.00.90	
4	BECKY COUGHLAN	Ennis Track	Senior Women	5.27.38	
5	deirdre Cantillon-mann	dooneen	Senior Women	5.36.64	
1	Claire Kelly	Templemore AC	O35 Women	5.49.88	
1	Anna o neill	Doheny a.c.	O40 Women	5.36.32	
1	Helen O'Hanlon	Ennis Track	O45 Women	5.58.80	
2	Patricia McNamara	West Limerick AC	O45 Women	6.34.85	
1	Carmel Mhicdhomhnaill	West Limerick AC	O55 Women	6.17.86	
2	MARION O'LOUGHLIN	Ennis Track	O55 Women	7.15.49	
3	Marion Lyons	St. Finbarr's A.C.	O55 Women	7.22.47	
1	Liam Hennessy	Togher AC	Junior Men	4.16.47	
2	Mark Varley	Dooneen	Junior Men	4.16.58	
3	Sean Curran	WestWaterford	Junior Men	4.24.01	
4	Ruairi Casey	Togher AC	Junior Men	4.24.62	
5	Cillian O Donovan	Iveragh	Junior Men	4.28.02	
6	Eoin Browne	Ferrybank	Junior Men	4.30.56	
7	Killian Cullagh	Nenagh Olympic	Junior Men	4.34.57	
8	Richard O' Donoghue	Nenagh Olympic	Junior Men	4.50.37	
1	Shane O'Rahilly	North Cork AC	U23 Men	4.35.30	
2	Richard Lucas	Ferrybank	U23 Men	4.35.42	

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1	Damien Landers	St Johns	Senior Men	4.10.66
2	William Hughes	Thurles Crokes	Senior Men	4.10.83
3	Cullen Lynch	Togher AC	Senior Men	4.14.93
4	Ronan Duggan	Bandon	Senior Men	4.15.57
5	John Collins	Skibbereen AC	Senior Men	4.23.77
6	James Maher	Templemore AC	Senior Men	4.28.20
7	Trevor Power	Waterford AC	Senior Men	4.32.18
8	Michal Rejmer	Dooneen	Senior Men	4.52.28
9	Brian Cuddihy	Waterford AC	Senior Men	4.53.10
10	Darragh McGuire	Dooneen	Senior Men	5.07.21

1	Brian Murphy	Carrick-on-Suir AC	O35 Men	4.19.26
2	Frank Quinlan	Waterford AC	O35 Men	4.26.18
3	Brian Swaby	Waterford AC	O35 Men	4.35.15
4	John Dineen	Waterford AC	O35 Men	4.39.58
5	Vincent O'Brien	Limerick AC	O35 Men	4.49.88
6	Mike Brosnahan	West Limerick AC	O35 Men	4.52.82
7	Patrick Roche	Carrick-on-Suir AC	O35 Men	4.57.73

1	MARTIN GLYNN	Ennis Track	O40 Men	4.38.89
2	Declan Curley	Clonmel	O40 Men	4.48.49
3	David Towey	WestWaterford	O40 Men	4.58.81
4	TOM MICKS	Ennis Track	O40 Men	5.05.04
5	PJ Doyle	Sli Chulainn	O40 Men	5.40.11

1	Niall O'Ceallaigh	Clonmel AC	O45 Men	5.02.38
2	JOHN MURPHY	Ennis Track	O45 Men	5.03.14
3	Trevor White	St Cronans A.C	O45 Men	5.15.64

1	Harry O'Brien	WestWaterford	O50 Men	4.51.24
2	Joe Whelan	Clonmel	O50 Men	4.55.52
3	PAT MORRISSEY	Ennis Track	O50 Men	5.02.63
4	Neilie Hall	Ballynonty	O50 Men	5.41.97

1	James Sexton	Kilmurry Ibk/North Clare	O55 Men	5.07.58
2	Martin Loughnane	Templemore AC	O55 Men	5.39.11
3	Michael Quinlivan	Tulla AC	O55 Men	5.41.37
4	Eddie Barry	St. Finbarr's A.C.	O55 Men	5.53.85

1	Dan Kennedy	St. Finbarr's A.C.	O60 Men	5.38.94
2	Jim Boland	Sli Chulainn	O60 Men	5.49.66

1	Paddy Shelly	Ballynonty	O65 Men	6.03.96
2	Willie O'Mahoney	Youghal AC	O65 Men	6.21.93
3	Donal Murphy	West Limerick AC	O65 Men	8.49.44

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014*Sponsored by MMI, www.mmi.ie***3000m Walk**

1	Angharad Loughnane	Marian A.C.	Junior Women	18.37.66	
1	Claudia Loughnane	Marian A.C.	U23 Women	17.47.33	CBP
1	Wendy Whelan	Unattached	Senior Women	14.37.43	

5000m Walk

1	Evan Lynch	Clonmel	Junior Men	22.23.06	
2	Anthony Tobin	Clonmel	Junior Men	23.52.81	
1	Luke Hickey	Leevale	U23 Men	20.22.22	CBP
1	Alex Wright	Unattached	Senior Men	19.58.19	
2	Brendan Boyce	Letterkenny	Senior Men	20.19.84	
3	Neilie Hall	Ballynonty	O50 Men	29.40.62	

3000m

1	Sinead O'Connor	Leevale	Senior Women	10.18.10	
2	BECKY COUGHLAN	Ennis Track	Senior Women	NT	
1	Anna o neill	Doheny a.c.	O40 Women	NT	
2	fiona Treacy	dooneen	O40 Women	NT	
1	Patricia McNamara	West Limerick AC	O45 Women	NT	
2	Jane Mulrooney	Limerick AC	O45 Women	NT	
1	MARION O'LOUGHLIN	Ennis Track	O55 Women	NT	
1	Patrick Hughes	Thurles Crokes	U23 Men	9.24.72	CBP
2	Darragh Browne	Lios Tuathail	U23 Men	9.35.78	
1	James Grufferty	Leevale	Senior Men	9.04.93	
2	Sean McGrath	East Cork AC	Senior Men	9.05.87	
3	Eric curran	Leevale	Senior Men	9.12.72	
4	Michael Herlihy	North Cork AC	Senior Men	9.16.06	
5	Rory Moloney	WestWaterford	Senior Men	9.25.55	
6	Brian Gallagher	Ferrybank	Senior Men	9.40.42	
1	Brian Murphy	Carrick-on-Suir AC	O35 Men	9.04.94	
2	Frank Quinlan	Waterford AC	O35 Men	9.20.53	
3	Julio Cesar F Castro	Kilmurry Ibk/North Clare	O35 Men	9.32.51	
4	Rory O'Sullivan	St. Finbarr's A.C.	O35 Men	9.34.72	
5	Patrick Roche	Carrick-on-Suir AC	O35 Men	10.10.68	
6	Sean Twomey	Gneeveguilla	O35 Men	13.10.69	

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3000m

1	David Towey	WestWaterford	O40 Men	10.25.00
2	AIDAN HOGAN	RISING SUN A.C	O40 Men	11.09.16
3	FERGAL McGRATH	Ennis Track	O40 Men	11.16.93
4	Paudie Bermingham	Mallow AC	O40 Men	11.20.00
1	joe Chawke	dooneen	O45 Men	10.46.15
2	Trevor White	St Cronans A.C	O45 Men	11.07.84
3	Mike Foley	Lios Tuathail	O45 Men	12.09.22
1	Denis McCarthy	East Cork AC	O50 Men	11.00.52
2	Neilie Hall	Ballynonty	O50 Men	
1	Eugene Moynihan	Marian	O55 Men	10.38.04
2	James Sexton	Kilmurry Ibk/North Clare	O55 Men	12.14.57
1	Dan Kennedy	St. Finbarr's A.C.	O60 Men	12.20.97
2	Jim Boland	Sli Chulainn	O60 Men	
1	Paddy Shelly	Ballynonty	O65 Men	12.30.23
2	Donal Murphy	West Limerick	O65 Men	13.29.79
3	Willie O'Mahoney	Youghal AC	O65 Men	15.28.98
1	Mike Browne	Gneeveguilla	O70 Men	13.29.78

Relays 4 x 200m

Junior Men

1	Nenagh	1.37.16
2	Leevale	1.37.86
3	Abbey Striders	1.41.46

Relays 4 x 200m

Junior Women

1	Leevale	1.50.15
2	Nenagh	1.54.94

Senior Women

1	Dooneen	2.26.52
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Masters Women

1	Ennis Track	2.18.82
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Masters Men

1	Templemore	1.47.80
2	Waterford	1.50.95
3	Dooneen	1.57.24
4	Templemore	1.58.11
5	Liscarroll	2.04.04

O50 Intercounty Relay

1	Cork
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Field Events

Shot

1	John Joe Kelly	Brow Rangers	Junior Men	12.43	
1	Laura Mc Sweeney	Bandon	Junior Women	12.24m	
2	Aideen Hallahan	Midleton	Junior Women	10.16m	
3	Erin Kingston	Bandon	Junior Women	9.98m	
4	Deirbhile Ryan	Nenagh Olympic	Junior Women	9.71m	
5	Grace McKenzie	Belgooly	Junior Women	9.54m	
6	Angharad Loughnane	Marian A.C.	Junior Women	8.27m	
7	Eda Kiely	Limerick AC	Junior Women	7.61m	
1	Niamh Murphy	B.I.A.C	U 23 Women	12.56m	CBP
2	Alana Frattaroli	Limerick AC	U 23 Women	11.76m	
1	Paula McCarthy	Bantry	Senior Women	9.27m	
2	Aoife O Malley	Bilboa	Senior Women	9.08m	
1	Eileen O'Riordan	Gneeveguilla	O40 Women	8.85m	
2	Annette O'Brien	Gneeveguilla	O40 Women	7.54m	
3	Diane Behan	Waterford AC	O40 Women	6.36m	
1	Mary Barrett	Loughrea AC	O55 Women	10.73m	
1	Terri Gough	WestWaterford	O65 Women	6.72m	
2	Mary Barry	Grange Fermoy AC	O65 Women	4.48m	
1	Patrick McSweeney	Bandon	U 23 Men	11.84m	
2	Diarmuid Hickey	Riverstick-Kinsale AC	U 23 Men	11.45m	
1	Eamon Cleary	Shannon AC	Senior Men	10.72m	
2	Tom Boucher	Ferrybank	Senior Men	10.55m	
3	Michael Healy	Youghal AC	Senior Men	10.54m	
4	Kieran Kelly	Brow Rangers	Senior Men	10.32m	
5	Benjamin Guillou	Leevale	Senior Men	10.29m	
6	Kevin Grant	Limerick AC	Senior Men	10.14m	
7	Conor Kehoe	Ferrybank	Senior Men	9.48m	
1	John Leahy	Kilmurry Ibk/North Clare	O35 Men	11.16m	
2	Keith O'Driscoll	Waterford AC	O35 Men	5.88m	
1	Shane Scanlon	WestWaterford	O40 Men	10.12m	
2	Joe Kenny	Templemore AC	O40 Men	9.28m	
3	Artur Nowak	St. Brendans AC	O40 Men	8.68m	
4	Ger Delaney	Templemore AC	O40 Men	7.58m	
5	AIDAN HOGAN	RISING SUN A.C	O40 Men	7.31m	
6	Finbarr Whelan	Liscarroll	O40 Men	6.81m	
7	PJ Doyle	Sli Chulainn	O40 Men	4.93m	

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014**Sponsored by MMI, www.mmi.ie****Shot**

1	Joe Kelly	Brow Rangers	O45 Men	10.79m
2	Sean O'Shea	Farranfore Maine Valley A/C	O45 Men	10.35m
3	Dave Frattaroli	Limerick AC	O45 Men	10.21m
4	Tom Galvin	North Cork	O45 Men	9.90m
1	Larry O'Grady	Bilboa	O50 Men	9.23m
2	Don McKinnon	Templemore AC	O50 Men	7.50m
1	Patsy O'Connor	Tralee Harriers	O55 Men	12.55m
2	Martin Fitzgerald	St Marys Cl	O55 Men	10.64m
3	Paudie Cronin	Doheny AC	O55 Men	9.66m
4	Pat Kennedy	Ferrybank	O55 Men	9.39m
5	Peadar McGing	DSD AC	O55 Men	9.16m
6	Liam Lyster	Crusaders	O55 Men	8.98m
7	James O'Keefe	Liscarroll	O55 Men	8.02m
1	Willie O'Toole	SLOT	O60 Men	10.71m
2	James O'Hare	Limerick AC	O60 Men	9.59m
3	Joe Moloney	Moycarkey Coolcuro AC	O60 Men	8.06m
1	Michael Kelly	Nenagh Olympic	O65 Men	8.80m
2	John Rice	Grange Fermoy AC	O65 Men	8.52m
3	Willie O'Mahoney	Youghal AC	O65 Men	6.62m
1	Tim Fitzpatrick	Liscarroll	O70 Men	7.10m
1	JOE HOGAN	RISING SUN A.C	O75 Men	6.97m
1	ED MULCAHY	FARRANFORE-M VALLEY	O80 Men	7.31m
2	Michael Hayes	St Marys Cl	O80 Men	6.54m
3	Micheal O'Beirne	Dundrum A.C.	O80 Men	4.30m

Weight for Distance

1	Mark Tierney	Nenagh Olympic	Junior Men	6.69m
2	John Joe Kelly	Brow Rangers	Junior Men	6.55m
1	Patrick McSweeney	Bandon	U 23 Men	7.50m
1	Barry Healy	Youghal AC	Senior Men	7.21m
2	Michael Healy	Youghal AC	Senior Men	6.81m
3	Tom Boucher	Ferrybank	Senior Men	6.40m
4	Kieran Kelly	Brow Rangers	Senior Men	4.63m
1	John Leahy	Kilmurry Ibk/North Clare	O35 Men	6.29m

Munster AAI Jnr, U23, Snr Masters Indoor Tresults Jan 19th 2014**Sponsored by MMI, www.mmi.ie****Weight for Distance**

1	Micheal Dennehy	Rising Sun AC	O40 Men	4.95m
2	AIDAN HOGAN	RISING SUN A.C	O40 Men	4.33m
3	PJ Doyle	Sli Chulainn	O40 Men	2.83m
1	Joe Kelly	Brow Rangers	O45 Men	5.51m
2	Tom Galvin	North Cork	O45 Men	4.51m
1	Don McKinnon	Templemore AC	O50 Men	6.37m
2	Larry O'Grady	Bilboa	O50 Men	5.70m
1	Patsy O'Connor	Tralee Harriers	O55 Men	8.68m
2	Paddy Hanily	Fr Murphys	O60 Men	8.16m
3	Willie O'Toole	SLOT	O60 Men	7.93m
4	Martin Fitzgerald	St Marys Cl	O55 Men	6.94m
5	Pat Kennedy	Ferrybank	O55 Men	6.49m
1	TOM JONES	Ennis Track	O60 Men	8.15m
2	Gerry Grehan	Tullamore Harriers	O60 Men	7.18m
3	Joe Moloney	Moycarkey Coolcroe AC	O60 Men	4.45m
1	Michael Kelly	Nenagh Olympic	O65 Men	8.10m
2	John Rice	Grange Fermoy AC	O65 Men	6.65m
1	Gerry O'Connell	Marian	O70 Men	7.72m
2	Tim Fitzpatrick	Liscarroll	O70 Men	5.56m
1	JOE HOGAN	RISING SUN A.C	O75 Men	5.88m
1	ED MULCAHY	FARRANFORE-M VALLEY	O80 Men	7.12m
2	Micheal O'Beirne	Dundrum A.C.	O80 Men	3.38m

High Jump

1	Neasa Murphy	Ferrybank	Junior Women	1.65m
2	Grace McKenzie	Belgooly	Junior Women	1.60m
3	Ciardha Maher	Nenagh Olympic	Junior Women	1.50m

1	Claire Collins	West Waterford	U 23 Women	1.55m	=CBP
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1	Paula McCarthy	Bantry	Senior Women	1.55m
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1	Nicola Hayes	Waterford AC	O35 Women	1.25m
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1	Annette O'Brien	Gneeveguilla	O40 Women	1.40m
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1	Jaime Murtagh	St Andrews	Junior Men	2.05m
2	David Cussen	Old Abbey AC	Junior Men	1.95m
3	Sam Healy	Leevale	Junior Men	1.90m
4	Simon Archer	Templemore AC	Junior Men	1.80m
5	Tom Hennessy	Nenagh Olympic	Junior Men	1.75m

1	Shane O Dwyer	Ferrybank	U 23 Men	1.90m
2	PJ Galvin	St. Brendan's AC	U 23 Men	1.85m

1	Kevin Grant	Limerick AC	Senior Men	1.75m
1	Benjamin Guillou	Leevale	Senior Men	1.75m
3	Tom Boucher	Ferrybank	Senior Men	1.40m

1	Breandán Dennehy	Rising Sun A.C.	O35 Men	1.55m
2	Adrian McGinly	Templemore AC	O35 Men	1.50m
3	MARTIN CURLEY	Ennis Track	O35 Men	1.40m

1	Artur Nowak	St. Brendans AC	O40 Men	1.60m
2	Paschall Halley	Waterford AC	O40 Men	1.60m
3	Donnacha Dennehy	Rising Sun	O40 Men	1.60m
4	Mark Burke	Moyglass AC	O40 Men	1.40m
5	Micheal Dennehy	Rising Sun AC	O40 Men	1.40m
6	P J O Rourke	Limerick AC	O40 Men	1.35m

1	John Murphy	Liscarroll	O50 Men	1.45m
2	Richard Butler	Ballynonty	O50 Men	1.40m
3	Larry O'Grady	Bilboa	O50 Men	1.40m

1	Peadar McGing	DSD AC	O55 Men	1.40m
2	Seamus Fox	FANAHAN McSWEENEY	O55 Men	1.30m
3	Tom McGrath	Templemore AC	O55 Men	1.20m

1	Brendan Dennehy	Rising Sun	O65 Men	1.35m
2	John Rice	Grange Fermoy AC	O65 Men	1.00m

1	JIM O SHEA	FARRANFORE-M VALLEY	O70 Men	1.30m
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Long Jump

1	Grace McKenzie	Belgooly	Junior Women	5.21m
2	Laura Cussen	Old Abbey	Junior Women	5.05m
3	Aoibheann O'Brien	Tralee Harriers	Junior Women	4.98m
4	Marie Heelan	Emerald	Junior Women	4.92m
5	Siobhan Whelan	Ferrybank	Junior Women	4.82m
6	Aoife O'Carroll	Tralee Harriers	Junior Women	4.57m

1	Jessica Sheehan	Leevale	U 23 Women	5.30m	CBP
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Long Jump

1	Paula McCarthy	Bantry	Senior Women	4.82m	
2	Aoife O Malley	Bilboa	Senior Women	3.80m	
1	Elaine Cronin	Gneeveguilla	O35 Women	4.04m	
1	Mary Whelan	Dublin Striders AC	O55 Women	2.00m	
1	Mary Barry	Grange Fermoy AC	O65 Women	1.95m	
1	Sam Healy	Leevale	Junior Men	7.01m	CBP
2	David Cussen	Old Abbey AC	Junior Men	6.84m	
3	Fintan Shaughnessy	Bandon	Junior Men	6.53m	
4	Promise Okafor	Bandon	Junior Men	6.00m	
5	Sean Whittle	Ferrybank	Junior Men	5.50m	
6	Joseph Spratt	Limerick AC	Junior Men	5.20m	
1	Shane O Dwyer	Ferrybank	U 23 Men	6.65m	CBP
2	Roland Pika	Limerick AC	U 23 Men	6.57m	
3	Michael Godley	Tralee Harriers	U 23 Men	6.20m	
4	Niall Flanagan	Cushinstown	U 23 Men	5.81m	
1	David Quilligan	Leevale	Senior Men	7.12m	CBP
2	Benjamin Guillou	Leevale	Senior Men	6.86m	
3	Brendan Marshall	Mullingar Harriers	Senior Men	5.91m	
4	Danny Meaney	Templemore AC	Senior Men	5.54m	
5	Ailbe Ryan	Moyglass AC	Senior Men	4.40m	
6	Tom Boucher	Ferrybank	Senior Men	4.04m	
Triple Jump					
1	Maria Carey	Newport	Junior Women	11.63m	CBP
2	Aoibheann O'Brien	Tralee Harriers	Junior Women	10.11m	
3	Siobhan Whelan	Ferrybank	Junior Women	9.95m	
4	Aoife O'Carroll	Tralee Harriers	Junior Women	9.77m	
1	Fiona Hill	Newbridge AC	Senior Women	11.05m	
2	Aoife O Malley	Bilboa	Senior Women	8.53m	
1	Darren Prout	Carrick On Suir	Junior Men	13.55m	
2	Sean Whittle	Ferrybank	Junior Men	11.44m	
3	Joseph Spratt	Limerick AC	Junior Men	11.06m	
1	Sean Archer	Ferrybank	U 23 Men	13.64m	CBP
2	Younelie Froger	Leevale	U 23 Men	12.70m	
1	Niall Counihan	Limerick AC	Senior Men	13.73m	
2	Tom Boucher	Ferrybank	Senior Men	8.50m	

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Pole Vault

1	Ellen Larkin	Emerald	Junior Women	2.35m
2	Aoife Tierney	Nenagh Olympic	Junior Women	2.05m
3	Laura Cussen	Old Abbey	Junior Women	1.75m
1	David Mazzali	Bandon	Junior Men	3.40m
2	Dan Finnerty	Nenagh	Junior Men	2.50m
1	Kevin Grant	Limerick	Senior Men	3.20m
2	David Courtney	Ennis Track	Senior Men	2.35m

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